

# COURSE SYLLABUS

## Academic English Language Preparation (2)

- 1<sup>st</sup> week: ***Why Do We Become Ill***
- factors influencing our health (pollution, drugs, diseases, diet, stress, accidents, exercise ...)
- 2<sup>nd</sup> week: ***Pollution***
- water, land air pollution
  - reduce, reuse, recycle
- 3<sup>rd</sup> week: ***Ozone Hole***
- protection from the sun's UV rays
  - possible effects of the sun's UV rays
  - what causes ozone breakdown
- 4<sup>th</sup> week: ***Safe Sun***
- careless exposure to the sun
  - skin cancer – melanoma
  - brownish pigment - melanin
  - suntan, sunburn, sunscreen creams
- 5<sup>th</sup> week: ***Drugs I***
- drug addiction, drug withdrawal, drug abuse
  - categories and effects of drugs
- 6<sup>th</sup> week: ***Drugs II***
- ways of taking drugs
  - soft and hard drugs, legalization of drugs, burning issue – radio debate
- 7<sup>th</sup> week: ***Health***
- how to take care of our health (not smoking, taking regular exercise, eating good quality food, having regular check-ups, dieting etc.)
- 8<sup>th</sup> week: ***Disease Transmission I***
- germs (bacteria, viruses)
- 9<sup>th</sup> week: ***Disease Transmission II***
- ways of disease transmission
- 10<sup>th</sup> week: ***Infectious Diseases***
- more and less serious infectious diseases
- 11<sup>th</sup> week: ***Flu I***
- symptoms and signs of flu
- 12<sup>th</sup> week: ***Flu II***
- treatment and prevention
  - most common ways and medicines to beat the flu
- 13<sup>th</sup> week: ***AIDS***
- ways of transmission
  - how to protect oneself
  - symptoms and prognosis