

Schedule of lectures from the subject Cosmetics in pharmacy - Summer term - year
2022/2023

Lessons: Wednesday 13:00 - 14:40 room OSM2

Practising: Wednesday 14:50 - 20:10 KGF

1. Types of cosmetics for skin and body skin care. Taking care of healthy skin.
15.2.2023 PharmDr. J. Ferková
2. Human skin, skin types, specifics of their treatment. Natural cosmetics, the most commonly used effective substances and their effects.
22.2.2023 PharmDr. M. Raučinová, PhD.
3. The most common skin diseases and their treatment I.
1.3.2023 PharmDr. V. Šimunková, PhD.
4. The most common skin diseases and their treatment II.
8.3.2023 PharmDr. V. Šimunková, PhD.
5. Phototherapy in the management of skin and autoimmune diseases, natural photoprotective substances and substances that enhance photoprotective mechanisms in the skin.
15.3.2023 Mgr. J. Selčanová
6. Skin aging, aging mechanisms, prevention and anti-aging preparations and alternative substances.
22.3.2023 PharmDr. V. Šimunková, PhD.
7. Sunlight, benefits and risks, types of UV filters, phototypes, types of cosmetics for sun protection.
29.3.2023 M. Čierna, PhD.
8. Cosmetics with a special focus. Care for specific parts of the body: nails, eyes, lips, feet.
5.4.2023 PharmDr. V. Mikušová, PhD.
9. Biologically active substances and auxiliary substances in cosmetics. Cosmetics testing, the most common allergens, prohibited substances, interpretation of information on cosmetics packaging, legislation on the production of cosmetics preparations.
12.4.2023 Mgr. J. Selčanová
10. Hair physiology. Hair cosmetics, therapy of the most common hair diseases - alopecia and its types, dandruff, psoriasis, seborrheic dermatitis.
19.4.2023 PharmDr. M. Špaglová, PhD.
11. Innovations in cosmetics.
26.4.2023 PharmDr. V. Šimunková, PhD.
12. Cosmetic preparations with a special focus II.: Cosmetics for intimate hygiene. Sweating, antiperspirants, deodorants.
3.5.2023 PharmDr. J. Ferková