

Schedule of lectures from the subject Cosmetics in pharmacy
Winter term - year 2026/2027

***Lessons: Wednesday 13:00 - 14:40 room OSM1 (1st floor, corridor to the right of the gatehouse
Odbojárov 10 street)***

Practising: Wednesday 14:50 - 20:10 Department of Pharmaceutical technology

1. Human skin, skin types, specifics of their treatment. Natural cosmetics, the most commonly used effective substances and their effects.
23.9.2026 PharmDr. M. Raučinová, PhD.
2. Types of cosmetics for skin and body skin care. Taking care of healthy skin.
30.9.2026 PharmDr. M. Raučinová, PhD.
3. The most common skin diseases and their treatment I..
7.10.2026 PharmDr. V. Šimunková, PhD.
4. Biologically active substances in cosmetics.
14.10.2026 Mgr. J. Selčanová
5. Hair physiology. Hair cosmetics, therapy of the most common hair diseases - alopecia and its types, dandruff, psoriasis, seborrheic dermatitis.
21.10.2026 PharmDr. M. Špaglová, PhD.
6. Cosmetic preparations with a special focus II.: Cosmetics for intimate hygiene. Sweating, antiperspirants, deodorants.
28.10.2026 Mgr. J. Selčanová
7. The most common skin diseases and their treatment II.
4.11.2026 PharmDr. V. Šimunková, PhD.
8. Phototherapy in the management of skin and autoimmune diseases, natural photoprotective substances and substances that enhance photoprotective mechanisms in the skin.
11.11.2026 Mgr. J. Selčanová
9. Cosmetics with a special focus I. Care for specific parts of the body: nails, eyes, lips, feet.
18.11.2026 Ing. S. Molnárová
10. Auxiliary substances in cosmetics. Cosmetics testing, the most common allergens, prohibited substances, interpretation of information on cosmetics packaging, legislation on the production of cosmetics preparations.
25.11.2026 Mgr. J. Selčanová

- 11.** Sunlight, benefits and risks, types of UV filters, phototypes, types of cosmetics for sun protection.
2.12.2026 PharmDr. M. Potůčková, PhD.
- 12.** Skin aging, aging mechanisms, prevention and anti-aging preparations and alternative substances.
9.12.2026 PharmDr. V. Šimunková, PhD.
- 13.** Innovations in cosmetics.
16.12.2026 PharmDr. V. Šimunková, PhD.
- 14.-18.12.2026 Credit week**

Practisings in the subject COSMETICS IN PHARMACY
Summer semester 2026/2027

Practical exercises will be carried out in a block form, dates and times of exercises according to group assignment and schedule in AIS system (18.3.2026 and 25.3.2026). Exercises **28.october 2026 and 2.december 2026** will be carried out **in laboratories at the Department of Galenic Pharmacy** (1st floor). A coat, suitable slippers, dishcloth, calculator, paper and pen for protocols are mandatory for entering the laboratory. The content of the exercises will be the preparation of several dermal semi-solid formulations containing regenerative, anti-inflammatory, relipidating, antioxidant and caring substances, suitable for application to the skin of the face and body, and will also include the preparation of suspension semi-solid forms and effervescent forms for the bath. Recipes will be individually assigned for the exercise. Completion of the exercises is mandatory. The exercise ends with the submission of the protocol.